

Pool Waiver

SWIMMING POOL RULES:

**Swimming at the recreation center is at the sole risk of the resident and their guests. No lifeguards are on duty as posted. Parents and guardians assume full responsibility for children under the age of 18 while in the aqua/c facility.**

Pool attendants will be on site for emergency response and care but are not to be depended on for supervision of swimmers.

Proper swim attire is required in the pool. Swimmers must wear bathing suits. Cut-offs, jeans, athletic or gym shorts, and street clothes are prohibited in the pool. Infants and toddlers who are not toilet-trained must wear swim diapers in the pool.

Food and drinks are not allowed within five feet of the pool. Band-aids and bandages are prohibited in the pool as they may fall off, clog the filtration system, and/or pose a health hazard to others.

Swimming with an open wound is also prohibited to prevent blood borne contamination.

Children wearing lifejackets must be accompanied by an adult in the water and within arms-reach at all times. All other flotation devices are prohibited. Diving, flips or backward entries are not allowed due to the depth of the pool. Jumping is permitted feet first and facing forward. All individuals must walk.

Running is not allowed in the pool area. Pool decks are slippery and may cause an individual to slip and fall. Horseplay, wrestling, piggybacks and "chicken fights" are prohibited. This type of play may result in injuries.

Additionally, it is often difficult for the pool attendant to tell the difference between this type of play and a swimmer in trouble. For safety and comfort, it is important for everyone to keep their voices down and be respectful when speaking. Kickboards, paddles and other instructional or training equipment (including barbells and weight belts) are for water exercise and swim lessons only.

Woodmen Hills Metro District and staff are not responsible for the disappearance, damage, or breakage of any toy or personal item(s) brought to the Facility.

The Woodmen Hills Metro District reserves the right to restrict the number of individuals allowed in the pool if usage exceeds capacity or supervision limits. The maximum capacity for each pool is posted respectfully.

Parents accompanying small children are asked to help enforce pool rules. Pool attendants have final discretion regarding rules and policies. Failure to follow rules may result in a suspension of pool privileges for a period of time to be determined by the Woodmen Hills Metro District management.

I understand not to use pools under the influence of drugs and alcohol.

SWIMMING POOL CLOSURE GUIDELINES because of weather and lightning may be random and unpredictable, we reserve the right to close the pool at any time for any reason.

Slides

1. One person allowed on pool and stairs at a time.
2. Riders must be a minimum of 48" tall or pass the swim test (green band).
3. Riders must go down feet first and may not go down face first.
4. No one can wait and catch the children at the bottom of the slide.

**Woodmen Hills Metro District, its staff, and its attendants are not liable due to any injury or harm associated with swimming or attending our facilities.**

**By signing below, I understand I assume full liability and responsibility and Woodmen Hills Metro**

Adult Signature: \_\_\_\_\_ Date: \_\_\_\_\_